

SUSTAINABLE(ISH) JANUARY



BUY LESS BUY BETTER

SUGGESTIONS, IDEAS AND POSSIBILITIES TO HELP CHANGE THE WORLD - HOW MANY CAN YOU/WILL YOU TICK OFF?

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| <input type="checkbox"/> BUY LESS | <input type="checkbox"/> CREATE NEXT YEAR'S GIFT TAGS FROM THIS YEAR'S CHRISTMAS CARDS | <input type="checkbox"/> BRAVE YOUR LOCAL AUCTION HOUSE |
| <input type="checkbox"/> JOIN YOUR LOCAL FREecycle OR FREEGLE GROUP | <input type="checkbox"/> HAVE A BUY NOTHING MONTH | <input type="checkbox"/> REPAIR YOUR SPLITTING PHONE CHARGERS AND CABLES WITH SUGRU |
| <input type="checkbox"/> SHOP YOUR CUPBOARDS AND FRIDGE | <input type="checkbox"/> LOVE WHAT YOU ALREADY OWN - LOOK AFTER IT WELL, REPAIR IT, USE IT | <input type="checkbox"/> SUPPORT ETHICAL CLOTHING BRANDS |
| <input type="checkbox"/> BORROW DON'T BUY | <input type="checkbox"/> THINK BEFORE YOU BUY! | <input type="checkbox"/> BUY SOCIAL - LOOK FOR SOCIAL ENTERPRISES THAT BENEFIT PEOPLE AND PLANET |
| <input type="checkbox"/> RESIST THE SALES | <input type="checkbox"/> VISIT YOUR LOCAL SCRAPSTORE FOR ARTS & CRAFT SUPPLIES | <input type="checkbox"/> BUY THINGS BUILT TO LAST |
| <input type="checkbox"/> CHECK OUT YOUR LOCAL CHARITY SHOPS | <input type="checkbox"/> GET UPCYCLING | <input type="checkbox"/> RESIST THE PRESSURE TO CONSTANTLY UPGRADE |
| <input type="checkbox"/> HOST A CLOTHES SWAP WITH YOUR FRIENDS | <input type="checkbox"/> BUY FAIRTRADE | <input type="checkbox"/> MAKE YOUR PURCHASES REFLECT YOUR VALUES |
| <input type="checkbox"/> SHOP YOUR WARDROBE | <input type="checkbox"/> HAVE AT LEAST ONE CONVERSATION ABOUT THE CHANGES YOU'RE MAKING AND WHY | <input type="checkbox"/> LEARN A NEW SKILL AND GET MAKING |
| <input type="checkbox"/> LOOK FOR YOUR FAVOURITE BRANDS SECONDHAND ON EBAY | <input type="checkbox"/> WAIT A WEEK BEFORE BUYING | <input type="checkbox"/> REMEMBER - HOW YOU SPEND YOUR MONEY IS YOUR VOTE VOTE FOR THE KIND OF THE WORLD YOU WANT |
| <input type="checkbox"/> BUY LOCAL | <input type="checkbox"/> CHECK OUT YOUR LOCAL FARMERS MARKET | <input type="checkbox"/> |
| <input type="checkbox"/> HAVE A TOY SWAP WITH FRIENDS WITH KIDS | <input type="checkbox"/> HAVE A BOOK SWAP AT WORK | <input type="checkbox"/> |